

23 Days on

# HATE



*Let those who love the Lord hate evil...*

Psalm 97:10

**Day 1:** Using a thesaurus or dictionary, do a word study of the word *hate* and *despise*. List synonyms / antonyms / definitions.

According to your word study above, are there õrightõ and õwrongõ forms of hate? If yes, how would you categorize them?

**Day 2:** Paraphrase the things God hates in Proverbs 6:16-19 and Isaiah 61:8

**Day 3:** Read the following scriptures. What actions counter hate?

- Proverbs 10:12; 17:9
- Hebrews 1:9 (Psalm 45:7)
- Amos 5:15; Romans 12:9
- Matthew 6:24

**Day 4:** What are these examples of healthy hatred:

- Proverbs 8:13
- Ps 119:104
- Proverbs 13:5
- Ezekiel 35:6

**Day 5:** Explain God's hatred found in Malachi 2:10-16. Does God hate the action? The people involved?

**Day 6:** Read Ecclesiastes 3:8. List times to hate and times to love.

**Day 7:** Read Psalm 36:1-4. Explain why it is important to hate personal misdeeds. How do you feel about private sin? What steps can you take to purge yourself of secret wrongdoings?

**Day 8:** In the following scriptures contrast what the Jews in Jesus' day taught and what Jesus Himself preached about hate.

- Matthew 5:43-48

- Luke 6:27-31

**Day 9:** What is said about the world's hatred?

- Proverbs 29:10

- Matthew 10:17-22

- Luke 6:22-23

- John 15:18-19

**Day 10:** Paraphrase what the Apostle John writes about hate in each of these passages:

- 1 John 2:9-11

- 1 John 3:11-15

- 1 John 4:19-21

**Day 11:** Study Matthew 10:37-38, Luke 14:26-27 and Romans 9:13-16. Why does it admonish us to "hate" the very people God tells us to love?

What does it mean to "take up his cross"? (See also Mark 8:34-38.)

**Day 12:** Paraphrase these word pictures about hate:

- Proverbs 15:17
- Eph. 5:28-30
- Jude 23 (Revelation 3:4)
- James 4:4

**Day 13:** Meditate on John 12:25-26 and 13:12-16. How does one close his life? List some instances. Are there any of these examples you can begin practicing now?

**Day 14:** In your opinion, which expresses a stronger emotion, *hate* or *despise*? Go back over the preceding days of study and replace *hate* with *despise*. Does it change the intensity of the scripture?

**Day 15:** Consider these warnings in the following passages:

- Proverbs 14:21 (Proverbs 11:12)
- Proverbs 15:20; 23:22
- Amos 5:4,10 (1 Kings 22:7-8)
- Titus 2:15

**Day 16:** Read Amos 5:21-24, Malachi 1:6-10 and 1 Corinthians 11:17-22. What can you surmise as problems in the temple and the early church? What are some problems in churches today? Are some activities despising the church, as Paul informs?

**Day 17:** What does 2 Peter 2:4-10 say about those who prefer a sinful nature and despise authority?

**Day 18:** What do these proverbs say about spiritual discipline:

- Proverbs 1:7
- Proverbs 3:11
- Proverbs 13:13
- Proverbs 15:32

**Day 19:** Read Nathan's prophecy to David in 2 Samuel 12:1-14. Why did he accuse David of despising God?

**Day 20:** Read Psalm 22:6-7, Hebrews 12:2 and Isaiah 53:3. How do these verses relate to Jesus?

**Day 21:** Reword these passages. Determine which are good or bad:

- Job 42:5-6
- Proverbs 6:30-31
- Proverbs 12:8
- Jeremiah 14:21

**Day 22:** Discover things that God will not despise in the verses below:

- Job 36:5
- Psalm 51:17
- Psalm 102:17

**Day 23:** Read 1 Corinthians 1:26-30. Name some foolish, weak, and lowly things God uses to confound the wise.

## **Hate**

*“I will tell you what to hate. Hate hypocrisy; hate cant; hate intolerance, oppression, injustice, Pharisaism; hate them as Christ hated them - with a deep, abiding, God-like hatred.”*

*- Frederick W. Robertson*

***“Fear of something is at the root of hate for others, and hate within will eventually destroy the hater.”***

***-George Washington Carver***

*“Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.”*

*-Martin Luther King, Jr.*

***“By this may all know that we are not His disciples, because we hate one another.”***

***-Robert Leighton***

*“Lord, make me an instrument of thy peace. Where there is hatred, let me sow love.”*

*- Francis of Assisi*

***“There is no faculty of the human soul so persistent and universal as that of hatred.”***

***- Henry Ward Beecher***

*“I remember Christian teachers telling me long ago that I must hate a bad man's actions but not hate the bad man: or, as they would say, hate the sin but not the sinner. ...I used to think this a silly, straw-splitting distinction: how could you hate what a man did and not hate the man? But years later it occurred to me that there was one man to whom I had been doing this all my life -- namely myself. However much I might dislike my own cowardice or conceit or greed, I went on loving myself. There had never been the slightest difficulty about it. In fact the very reason why I hated the things was that I loved the man. Just because I loved myself, I was sorry to find that I was the sort of man who did those things.”*

*- C.S. Lewis, Mere Christianity*

***“Dear God,  
I am so afraid to open my clenched fists!  
Who will I be when I have nothing left to hold on to?  
Who will I be when I stand before you with empty hands?  
Please help me to gradually open my hands  
and to discover that I am not what I own,  
but what you want to give me.”***

***Henri J.M. Nouwen, The Only Necessary Thing: Living a Prayerful Life***

*Further Reading on...*  
***Hate***

*Lord Change my Attitude* by James MacDonald and Barb Peil

*Don't Hate Your Enemies: The Art of Loving People* by E.E. Jenkins

*Jesus, Bombs and Ice Cream: Building a More Peaceful World* by Shane Clairborne

*1, 2, and 3 John: Love and Hate, Light and Darkness* by David R. Maxwell